

## Personal, Social, Health and Citizenship Education

This policy should be read in conjunction with the Policy for Care and Control, Anti Bullying Policy, Equal Opportunities Policy and Sex and relationship Policy as these policies are interwoven.

### **Aim**

To ensure that every child achieves the 5 outcomes of the Every Child Matters agenda, helping children to 'Stay Safe', 'Keep Healthy', 'Make a Positive Contribution', 'Enjoy and Achieve' and 'Achieve economic well-being'.

We aim to work alongside parents, offering inclusive education within a culture of high expectations and a Rights, Responsibility and Respect ethos which enables children to:

Develop:

an understanding of how to keep themselves safe and healthy which includes drug education.

self control, self respect, self esteem and self confidence

an understanding of their rights and those of others

a sense of responsibility for personal and collective action

a regard for equality

respect for different ways of life

respect for non-violent ways of resolving conflict

respect the rights of others

some understanding of the world of work

And develop the key skills of:

recognising feelings, making choices and decisions and developing good relationships which is the beginning of sex education.

understanding influences

asking for help

problem solving

co-operating and sharing

assessing risks

understanding effects of their actions

communication and thinking things through.

These aims will be achieved through:

Using the SEAL materials to provide a basis for PSHE work and assembly themes.

The development of a trained Emotional Literacy Support Assistant (ELSA)

Involvement in the Rights, Respect and Responsibilities curriculum

Developing behaviour as outlined in the Care and Control Policy/Anti bullying Policy and the Tavistock Charter implemented by all staff

Focussed activities during weekly enrichment sessions

Class and school council meetings

School events such 'Walk to School Week' and 'Healthy Living week'

Topic work linked to health and safety and world of work.

Providing resources and workshops for parents

An average of half an hour per week should be dedicated to the delivering the PSHE Curriculum alongside everyday opportunities as they arise.